

Complete **BOTH** requirements before **9/30/2018** to earn your premium incentive.

1 Preventive exam

Choose 1 exam to complete:

- Annual Physical
- Colonoscopy
- Mammogram
- Well-Woman/Man



2 Biometric Screening

Complete in 1 of 3 ways

Visit uswellness.com/Plano to:

- Make an appointment for an onsite screening event **OR**;
- Download a Biometric Screening Form **OR**;
- Request a LabCorp Voucher



Earn your premium incentive!

Employees who have a covered their spouse/domestic partner on the health plan, as of January 1, 2018, will be responsible for each completing their incentive requirements individually.



If you have questions regarding the Connect4Health Premium Incentive Program, please contact Michelle Gifford, Wellness Coordinator, at 972-941-7227 or email michellegi@plano.gov.