

Unit	Summary
Unit 1: Disaster Preparedness	Addresses hazards to which people are vulnerable in their community. Materials cover actions that participants and their families take before, during, and after a disaster. As the session progresses, the instructor begins to explore an expanded response role for civilians in that they should begin to consider themselves disaster workers. Since they will want to help their family members and neighbors, this training will help them operate in a safe and appropriate manner. The CERT concept and organization are discussed as well.
Unit 2: Fire Safety	This unit covers fire chemistry, fire hazards, fire suppression strategies, hazardous materials and terrorism. The focus is sizing up the disaster situation, controlling utilities, safe use of fire extinguishers and hands-on skills.
Unit 3: Disaster Medical Operations – Part 1	Participants practice diagnosing and treating “the three killers”: airway obstruction, bleeding and shock. Students learn triage and rapid treatment techniques. This Unit also covers evaluating patients by doing a head to toe assessment, establishing a medical treatment area, performing basic first aid and practicing first aid in a safe and sanitary manner.
Unit 4: Disaster Medical Operations – Part 2	
Unit 5: Light Search and Rescue Operations	Participants learn about search and rescue planning, size-up, disaster search and rescue techniques, cribbing (how to safely lift large objects off/on victims using everyday objects) and most importantly, rescuer safety.
Unit 6: C.E.R.T. Organization	Addresses ICS (Incident Command System), CERT organization and roles, management principles and the need for documentation.
Unit 7: Disaster Psychology	Covers stress related signs and symptoms that might be experienced by the disaster victim, volunteers and first responders.
Unit 8: Terrorism and C.E.R.T.	Provides an explanation of what terrorism is, what weapons terrorists can use, cues to help identify when a terrorist attack has occurred or may be imminent and how CERT teams can respond to terrorist events.
Unit 9: Course Review and Disaster Simulation	Participants review the course material. Finally, they practice the skills that they have learned during the previous eight sessions in a disaster simulation.
Graduation	Graduates receive recognition for completing their training by receiving a graduation certificate.
<i>Please note that it is very important for participants to attend all sessions in order to gain the full scope and benefit of the training.</i>	