

For Information Regarding Plano and COVID-19 [visit our web site.](#)



## Clear the Shelters and Gain a New Friend!

The Plano Animal Shelter wants your help with pet adoptions during the 6th annual Clear the Shelters nationwide campaign. The 2020 event runs Saturday, August 8th through Saturday, August 29th.

Since 2019, more than 1,900 shelter/rescue organizations have partnered with NBC and Telemundo stations across the country to find new homes for more than 400,000 animals.

During the 3-week promotion, view adoptable pets on the [Plano Shelter's Petfinder web page](#). For the final week, August 24th - 29th, all adoption fees are waived for all dogs, cats, puppies and kittens.

The shelter is following social distancing guidelines by limiting the number of visitors in the shelter at one time. Be prepared to wait if you visit during peak times. Please remember to wear a mask when visiting the shelter at 4028 W Plano Parkway.

## Review the Progress of the DART Silver Line Regional Rail Project!

[Join the Microsoft Teams virtual meeting](#) on Thursday, August 20th from 6:30 to 8:30pm for a quarterly meeting to review the progress of the DART Silver Line Regional Rail Project. DART and the design-build contractor will be present to outline the latest developments and answer questions.



The Project provides rail service along the 26 mile long Silver Line Corridor from Plano to DFW International Airport.

Presentations during the meeting will include:

- Updated project drawings showing track configurations and station layout
- Status of track grade separations (bridges)
- Station design progress
- Design-builder's construction schedule

For more information on the project, visit <https://www.dart.org/about/expansion/cottonbelt.asp>

Meeting information:

- Phone # 469-676-0717
- Conference ID: 562 156 23

## Celebration Magazine Online Events in August!

**Super Password**

August 5th at 2:00pm

*Sponsored by Ebby Halliday*

Can you guess the password in this twist on a classic TV game show? Join Celebration for a chance to win big!

[Register HERE](#)



### **Zoom BINGO!**

August 6th at 2:00pm, August 12th at 2:00pm, and August 26th at 2:00pm

*Sponsored by Holiday Retirement, The Reserve at North Dallas and WellMed*

Get ready to yell BINGO! We are giving away \$40 in e-gift cards!

[Register HERE for 8/6](#)

[Register HERE for 8/12](#)

[Register HERE for 8/26](#)

### **Avoid Common Estate Planning Mistakes**

August 11th at 2:00pm

*Presented by McGee Law Firm*

Join Brandon McGee, an elder and estate planning attorney with the McGee Law Firm for this event.

[Register HERE](#)

### **Virtual Happy Hour - Show and Tell**

August 13th at 2:00pm

*Sponsored by AmeriLife*

Grab a drink and enjoy Virtual Happy Hour with Celebration. Enjoy new themes each week!

[Register HERE](#)

### **Stress and Your Health**

August 18th at 2:00pm

*Presented by WellMed*

Learn about the effects of stress on your health and how to manage it. If you are over 60 and want to remain healthy and active, this is a health talk you do not want to miss!

[Register HERE](#)

### **Name That Tune on Zoom with Doc Gibbs!**

August 19th at 2:00pm

*Sponsored by Harbor Chase McKinney*

Celebration Magazine's take on the classic game with LIVE music by Doc Gibbs! Win e-gift cards provided by our advertising partners!

[Register HERE](#)

### **Explore & Tour: Stavanger, Norway**

August 20th at 2:00pm

*Sponsored by Celebration Magazine*

Did you know that our Social Media Director lives in Norway, Europe? She wanted to do something special this month and take you on a virtual trip around her beautiful city.

[Register HERE](#)

### **Collin County History Museum**

August 25th at 2:00pm

*Presented by Collin County History Museum*

CCHM will highlight a few important senior citizens in McKinney's history and an overview of the current exhibit "McKinney Then & Now."

[Register HERE](#)

### **Virtual POOL Party and Giveaways!**

August 27th at 2:00pm

*Sponsored by The Landon at Lake Highlands*

Join us for a virtual pool party and tour! Meet Lake Highlands residents and hear Doc Gibbs! \$300 in PRIZES!

[Register HERE](#)

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# In a Park

B	B	S	T	E	H	N	E	D	J	E	E	B	R
I	E	S	U	S	E	E	R	T	O	W	I	A	K
C	N	B	E	O	P	V	S	I	G	P	O	B	C
Y	C	S	C	C	J	D	L	G	G	W	S	S	W
C	H	G	T	W	G	J	I	P	E	E	G	I	G
L	E	D	Q	E	D	E	D	A	R	I	L	S	E
E	S	A	P	N	K	O	E	T	S	D	N	Q	L
S	U	Q	O	W	S	N	S	H	F	Q	S	U	S
S	G	P	I	V	B	Q	A	L	S	I	D	I	G
I	R	L	D	A	R	D	O	L	L	S	R	R	P
S	I	I	B	N	O	W	R	P	B	E	I	R	I
I	L	O	L	G	E	W	S	S	S	B	B	E	O
E	L	O	S	R	O	S	W	I	N	G	S	L	H
A	S	G	S	N	O	I	L	I	V	A	P	S	H

PATH  
 BLANKETS  
 TREES  
 WILDFLOWERS  
 BIRDS  
 DOGS  
 JOGGERS  
 POND  
 GRILLS  
 BICYCLES  
 PAVILION  
 SQUIRRELS  
 SLIDE  
 SWINGS  
 BENCHES

Play this puzzle online at : <https://thewordsearch.com/puzzle/1345999/>

## Can You Identify What These Up-Close Images Are?

See bottom of newsletter for the answer key!



Interested in more brain games? Check out [Braingle](#) for more engaging games, puzzles and teasers!

## One-Pot Pasta with Tomato-Basil Sauce

### Ingredients:

- 12 Oz. Casarecce or Fusilli pasta
- 1 (28 oz.) can diced tomatoes
- 2 cups chicken broth
- 1/2 medium-size yellow onion, sliced
- 4 garlic cloves, sliced
- 1 tsp. dried oregano
- 1/3 cup firmly packed fresh basil leaves
- 2 tsp. kosher salt
- 1 Tbsp. Olive Oil
- 1/4 tsp. crushed red pepper (optional)
- 1 (6 oz.) package baby spinach
- Freshly Grated Parmesan Cheese



Instructions: Place pasta, tomatoes, broth, onion, garlic, oregano, basil, salt, olive oil and red pepper in a dutch oven. Cover and bring to a boil over medium high heat (12 to 15 minutes). Reduce heat to medium-low and cook, covered, 10 to 12 minutes or until pasta is slightly al dente, stirring at 5 minute intervals.

Remove from the heat and stir in spinach. Cover and let stand for about 10 minutes. Stir just before serving. Add Parmesan cheese on top!

*\*\*Make this dish vegetarian by using vegetable broth.*

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## Quote of The Week

"The more you praise and celebrate your life, the more there is in life to celebrate."

-Oprah Winfrey

## We Want To Hear From You!

How are you staying happy and healthy at home? We would love to hear from you and see how you are staying positive and active during these challenging times.

If you would like to share an inspirational story, a quote, or something that made your day, please email Kelly Fernandez at [kfernandez@plano.gov](mailto:kfernandez@plano.gov).

## Helpful Links

### Health Resources:

<https://www.plano.gov/3567/COVID-19-Health-Resources>

### Food Resources:

<https://www.plano.gov/3568/COVID-19-Food-Resources>

### Housing Resources:

<https://www.plano.gov/3569/COVID-19-Housing-Resources>

### Mental Health Resources:

<https://www.plano.gov/3570/COVID-19-Mental-Health-Resources>

### Business Resources:

<https://www.plano.gov/3566/COVID-19-Business-Resources>

### Worker Assistance:

<https://www.plano.gov/3571/COVID-19-Worker-Assistance>

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*\*\*Up close image answers: The seeds inside a bell pepper, and the stem of an apple.*



If you have any questions or concerns, please feel free to reach out to Kelly Fernandez at [kfernandez@plano.gov](mailto:kfernandez@plano.gov).

